International Conference on Frontiers in Nuclear Structure, Astrophysics and Reactions



Excursions-Tours

(Operated by Aeolos Travel, Email: <u>aeolos@internet.gr</u>)

1. Island Tour

The island tour excursion covers all the main villages on the island of Kos. We begin the tour from the Hippocrates' Plane tree, where the father of modern Medicine, Hippokrates, used to teach and practice medicine. This is considered to be the oldest tree in Europe.

Our next stop will be the village of Zia, situated up in the highest point of mountain Dikeos. In Zia we will have time for a short coffee brake, before continuing to the next stop, a wine magazine where we can taste traditional greek wine and have the opportunity to buy spirits in good prices. Next destination will be the village of Antimachia which is situated in the middle of the island. In Antimachia we will visit the traditional house of Kos, as well as the windmill, which is still in use. After that, we will visit the village of Mastichari, where we will have lunch in a very nice taverna near the beach.

We then proceed to the village of Kefalos, where we will make a stop to take some pictures. Then we will continue to the village of Kardamena for a short stop, and then we will start our return back to the hotel.

> Price: 31,00 € p.p. including the bus, guide and lunch. Duration: 09:30 – 17:30

2. City Tour

The tour start with the visit at Asclepeion, the ancient temple dedicated to the god of health which is about 4 km. Out of kos town. After the visit in Asclepeion, which last almost an hour, the coach leaves the group near the rests of the ancient gymnasium and the ancient roman theatre. The group accompanied by an official guide walks in the area of the ancient gymnasium where we can admire the famous mosaic of the "Europe's abduction".

We continue our walking through the small streets of the old town until the Freedom's square, the central square of the city where the museum is also situated an old Italian palace built in 1936. We walk through the ruins of the ancient "agora" which was the center of the ancient town of Kos and we make our way to the Hippocrates' plane tree, the oldest tree in Europe. The coach is waiting for the group there at the parking place near Platanos to take the group back to the hotels.

<u>Price:</u> 30 € p.p., including the bus, guide and entrance to the Asclepion.

<u>Entrance fees:</u> Castle 3 € p.p., Museum 4 € p.p. <u>Minimum 20 pax</u>

<u>3. Kaiki</u>

(3 islands: Kalymnos – Plati – Pserimos) with "kaiki" (wooden boat)

A leisurely day spent cruising to Kalymnos, the Sponge Divers Island, here you will receive a short history of the island, visit a sponge warehouse with time to look around and see how the sponges are prepared. After that, we will depart for the small island Plati, where we will have a BBQ. Then we will visit the island of Pserimos, where the clients will have time for swimming and sun-bathing.

> <u>Price:</u> 35,00 € p.p., including boat tickets, escort and BBQ. <u>Duration:</u> 09:20 – 18:00

4. Nisyros

The island is famous, because it is the site of 5 ancient Volcanoes. These Volcanoes are not all extinct. One of them last erupted in 1873 and has rumbled a few times since, the last being in the 1960's. It is a very fertile island and although very rocky, grows many vegetables, olives and almonds. They make a drink from the almonds called Soumatha. It is very sweet but very refreshing when mixed with water.

The boat departs from Kardamena at 09.30 and takes about one hour to get to Nissyros. When you get to Nissyros, there will be a bus waiting for you to take you to the Volcano and then you walk down to the crater where you can see the 'blow holes' where the steam escapes and also where the mud has been bubbling away from under the surface. The sulphur crystals make an interesting display and it is possible to even stand over the top of a Geo-Thermal spring and hear the water running away below you.

There is also a visit to the monastery dedicated to the Virgin Mary and from here there are superb views down to the harbor and out to Gialli and Kos. There will also be time for you to have lunch and do some shopping before getting back to the boat to come to Kos.

<u>Price:</u> 30,00 € including boat tickets, transportation in Kos and Nisyros, entrance to the volcano and guide. <u>Lunch is not included in the price.</u> Duration: 08:00 – 17:30

Patmos

(for a limited number of FINUSTAR attendees, Wednesday, Sept. 14, 2005)

This is the island sometimes called the Jerusalem of the Aegean Sea. It is a lovely island in its own right, and it is here that St. John received the 'Revelation' (the last book of the New Testament), and it is due to this that the island is so famous. In the monastery there are some beautiful religious relics to be seen, but there is much to see of a traditional island that is coping with tourism in its own way whilst trying to keep its unique atmosphere.

You cruise along the Aegean Sea, passing the islands of Prerimos, Kalymnos, Leros and Lispi. The flying dolphin departs from Kos harbor at 08.00 and takes about two hours to get to Patmos. When you get to Patmos there will be a bus waiting for you to take you to the Monastery, which is built over the rocks and cave where St. John received the revelation and then further to the main Monastery, which dominates the whole island. After a tour through the Monastery we take a walk through the village of Chora. You will have time also to do some shopping or to have lunch

<u>Price</u>: 38 \in p.p., including transportation in Kos and Patmos, the boat and English speaking guide. <u>No lunch included</u>.